## Ανακοίνωση ψηφίσματος Remove Folic Acid/Enriched/Fortified Ingredients from our Food Supply

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**Από:** Dawn Westrum , Salt Lake City, **έως:** Food and Drugs , United States.

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**Folic Acid** (the synthetic version of Vitamin B9) in our food supply is directly correlated with many health issues including bloating, heartburn, trouble falling asleep or staying asleep, ADHD, adult-onset ADHD, autism, anxiety, depression, high blood pressure, high cholesterol, post-partum depression, brain fog, OCD, feeling "tired but wired," etc.**Folic Acid Affects YOU!** Since the completion of the human genome project in 2001, we can see that Folic Acid impacts our methylation cycle. There are hundreds of studies showing the detrimental effect of this synthetic additive. Almost 100% of people have one or more of the DNA mutations that prevent the breakdown of folic acid in the body. Folic acid is added to the food...



Σύνδεσμος ως κωδικός QR

Περισσότερες πληροφορίες εδώ: https://www.openpetition.org/us/petition/online/remove-folic-acid-enriched-fortified-ingredients-from-our-food-supply

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